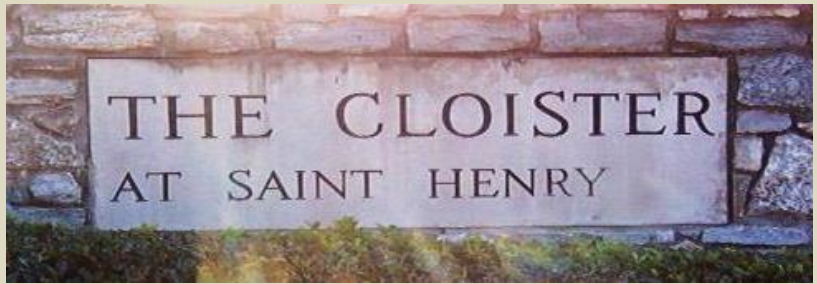


# THE CLOISTER NEWS



July, 2016

Volume XXXIII, Issue 7

## BOARD OF DIRECTORS CHANGES

Peggy Hollis resigned from the Board of Directors at the last Board meeting. She will continue as Treasurer and Finance Committee Chair until the end of 2016.

We want to express our immense gratitude to Peggy who has served the Cloister on the Board for 1 ½ years. Using her extensive financial background, she helped the Board move toward a budget that better reflects the priorities of the community and better tracks expenses. As Treasurer she will lead us through the 2017 Budget cycle.

\*\*\*\*\*

Switching Board meeting dates has not yielded desired results created issues like insufficient time to prepare up-to-date financials for Board review. **So beginning in July, it's back to the Regular Board Meeting on the 3<sup>rd</sup> Thursday at 3 pm with the Planning Meeting on the 1<sup>st</sup> Thursday. However, there will be no July Planning Meeting.**

Advance agendas will still be provided for 3<sup>rd</sup> Thursday meetings, but the Planning Meeting format will consist of reports by all committees and our Property Manager so an advance agenda will not be provided.

\*\*\*\*\*

A big thanks to all residents who continue to attend Board meetings and share thoughts and ideas with the Directors. Please feel free to call or email a Board member any time you have concerns or suggestions to improve our community life together.

- David Stansberry, Board President

## BOARD ACCEPTS COMCAST OFFER

The Board of Directors approved a new five-year Bulk Services offer for basic cable TV from Comcast. The contract starts at \$36.72 per month per unit (½ the listed price) paid by the COA to Comcast.

Provisions of this contract include:

- The same Digital Starter Package (70+ channels) currently provided to our Unit Owners.
- One free HD receiver and one free non-HD digital receiver, both with remotes, for each unit.
- No charge for HD service which has been charged to some unit owners at \$9.95 per month.
- Free TV service at the Clubhouse.

### **If you're happy with your service, do nothing.**

At press time, our new contract had not yet been entered into the Comcast system. **If you need to make changes, wait until you are notified that it has been activated.** You can then call the Comcast Bulk Service Office at **1-855-510-1609** for the following:

- If you have an HD TV but not an HD receiver, or only have one receiver or only one remote.
- If you've had the \$9.95 charge for HD service on your bill and it doesn't drop off your statement.
- If you want to change your package of service add-ons (additional cable channels; internet; telephone; home security) by either taking advantage of specials to add service, or move your service down to lower, less expensive level.

Equipment can be exchanged or turned in during a scheduled service call, or at the Xfinity Comcast Store at 2400 Franklin Pike in Melrose.

- Cable TV Task Force: Tom Keeling, Jyoti Pandit,  
Rick Sanjek & Brenda Butler

**Non-Denominational  
Weekly Bible Sharing Group  
Thursdays 9:30 – 11:00 a.m. beginning  
Thursday, July 7, 2016**



Whether you are a Bible scholar or have never opened its pages, the goal is simply to take the next step in knowing God more personally, experiencing His presence in our lives and sharing our understanding. Everyone is invited to see if this would be a type of study that you might enjoy.

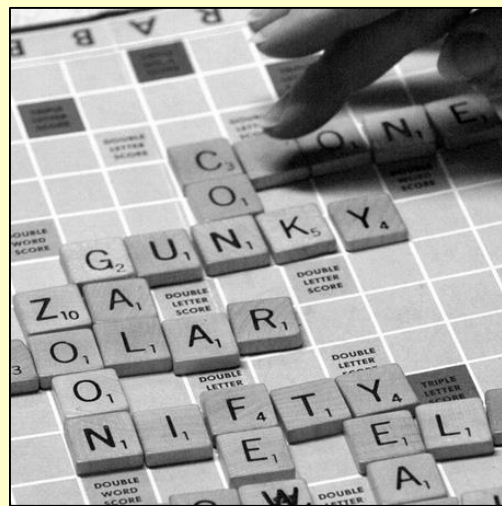
**Betsy Mallory, Facilitator  
615-915-2088  
Please call if you have questions.**

**Community Activities from the  
Life Enrichment Committee**

Got Game? Let's Scrabble and Pounce!

No, not rodent activities, but two good games to share with your neighbors and build community at the Cloister.

We have planned a game afternoon for July 19 from 2 to 3:30 P.M. at the Clubhouse. Choose Scrabble to keep those brain cells active; we'll provide the boards.



Or take a deck of cards to the Clubhouse and we'll try some Pounce, a fast and furious variation of Solitaire played with two to four people, Don't know how to play either one? Come anyway, and learn a fun way to spend a sultry July afternoon.

- Sue Hegland, Committee Chair

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**Join us for Water Aerobics  
M-W-F - 10-11 am**



**COA Board & Committee Meetings**

Regular Board Meeting  
Thursday, July 21, 3 pm

No July Planning Meeting

Communications Committee  
Wednesday, July 6 at 3 pm

Facilities Maintenance Committee  
Monday, July 11 at 3:30 pm

Beautification Committee  
Thursday, July 28 at 2 pm

## Don't Miss the July Potluck Dinner!

Tuesday, July 12, 5:30 pm

### Fancy Hot DogS at the Clubhouse

You'll have to come see what "fancy" means! We'll have normal wieners, too, so don't be scared if you're not the adventurous type.

We can't promise, but there may be all those tasty picnic dishes we all enjoy like potato salad, chips, baked beans, coleslaw, etc.

Join us at 5:30 for visiting (bring your own libation, if desired) and appetizers. Then the main course is at 6 pm. Good cold ice water, cold decaf tea and hot coffee is provided.

Participants are encouraged to bring a dish to serve six and will pay \$4 per person to help with expenses.

We'll see you on the 12<sup>th</sup>! (Fair warning about August Potluck—it's fried chicken!)

## Good Neighbors Meet and Mingle

The Good Neighbors Activity Group will hold its regular meeting on Thursday, July 21<sup>st</sup> at 10 am in the Library of the Clubhouse.

Visitors are always welcome to come and meet with us to learn about what we do in the community.

- Donna Scott, Chairperson



*You don't have to go through the grieving process alone" – [www.GriefShare.org](http://www.GriefShare.org)*

A 13-week faith-based program to help residents share and heal together will be held every Tuesday starting September 13 at 10 am in the Clubhouse.

For more information, contact Cloister resident and program facilitator Sharon Richardson at 281-723-4428 or at [sharonb.richardson@yahoo.com](mailto:sharonb.richardson@yahoo.com).

## Check Out Website Update

Please visit the updated Cloister website, register and sign in if you haven't done so already.

**[www.cloisteratsthenry.com](http://www.cloisteratsthenry.com)**

Some information about the ongoing improvement of the Cloister website:

- ✓ The software was upgraded in June and provides a new look and additional functionality.
- ✓ You are required to request a new password to see resident information not available to the public.
- ✓ Information is being reorganized to make it usable both to residents and the public, including potential residents and real estate agents.
- ✓ You can count on seeing current information including Board of Directors and committee information, Directory (updated quarterly), Homeowners' Manual (old one until new is approved), lists of both Variance and Maintenance Requests with their status, and other helpful information.

The Communications Committee is eager to hear your ideas and suggestions for making the website user friendly and helpful. Contact Chair Brenda Butler at 615-243-5631 or [bjbutler1@aol.com](mailto:bjbutler1@aol.com).

## Do You Have a Fire Extinguisher?

If not, you should have! They come in different sizes and fire-retardant materials for different purposes.



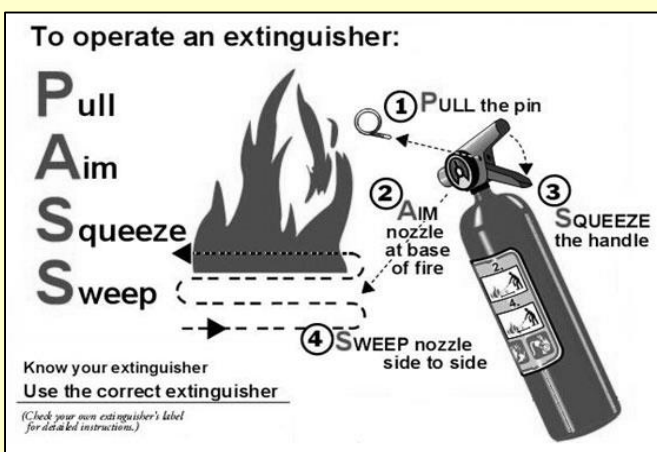
One of our residents had a very close call during June when grilling on her patio. Her grill had just been refurbished, and she thought all was well.

After changing out the gas tank to grill chicken for family, she lit the grill, went into the house, and when she returned the gas tank was engulfed in flames.

She did NOT have a fire extinguisher! And neither did her neighbors!

She evacuated her family and her roof-mate and called 911 which brought the Fire Department quickly. Luckily the tank did not explode.

Though she hopes she never needs it, she now has that fire extinguisher available for future emergencies.



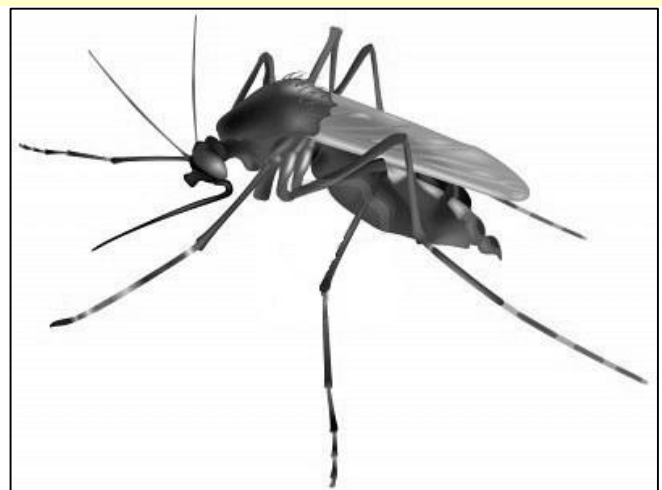
## Mosquito Control

While the mosquito-borne Zika Virus has recently been in the news, Nashville has been dealing with West Nile Virus for several years.

There are steps you can take to reduce mosquito populations before resorting to the use of **insecticides**. Here are some tips to consider when trying to avoid mosquito bites:

Most mosquitoes lay their eggs in water, and they don't need much. A Frisbee or a bottle cap can hold enough water to support mosquito breeding.

- Find and remove any puddles of water or standing water around your home to reduce breeding sites.
- Empty water from containers such as flower pots, birdbaths, pet water dishes, cans, gutters, tires and buckets regularly to disrupt the mosquito breeding cycle.



- Keep windows and door screens in good working order to prevent mosquitoes from entering your home.
- If possible, wear long-sleeved shirts and long pants while outdoors, consider staying indoors early in the morning and evening when mosquitoes are most active.

When using an **insect repellent**, follow the **label directions** for applying the repellent. For advice on selecting the right mosquito repellent, try the web site <http://pi.ace.orst.edu/repellents/>.

# FOR SALE

| Address             | Unit Type | Bedrooms | Garage | SQ. FT. | Price     |
|---------------------|-----------|----------|--------|---------|-----------|
| 718 Mt Carmel Place | B         | 2        | 1 car  | 2,584   | \$269,900 |
| 102 Cloister Drive  | B         | 2        | 1 car  | 1,354   | \$200,000 |
| 809 Marquette       | D         | 3        | 2 car  | 1,638   | \$229,900 |
| 447 Siena Drive     | D         | 3        | 1 car  | 1,444   | \$240,000 |
| 217 Cana Circle     | C         | 3        | 1 car  | 1,458   | \$242,000 |

For additional information on available units, or to report new availabilities, contact:

**Sophia Keller at 615-356-1437 / sbkeller2@yahoo.com**

## Podiatrist Appointments

**Dr. Gary Cockrell** will be back at the Cloister Thursday, August 25, with appointments starting at 2 pm. **Contact Alice Carpenter at 615-693-1423** to schedule an appointment. This service is provided for Cloister residents only.

## Variance and Maintenance Forms

Available at:

[www.cloisteratsthenry.com](http://www.cloisteratsthenry.com)

In clubhouse or from David Floyd at:

[cloisterhoa@gmail.com](mailto:cloisterhoa@gmail.com)

or 615-297-2824

If you submitted a request prior to this year with no response, re-submit.

## Cloister Directory Updates

### New Resident:

- Barbara (Bobbi) Peek / 200 Miles Ct.  
615-305-7795 / [bfpeek@gmail.com](mailto:bfpeek@gmail.com)

### Correction:

- Kathy Reed - [reedk210@comcast.net](mailto:reedk210@comcast.net)

### New to Directory List:

- Martine (Tina) Kendall / 280 Cana Cr.  
615-397-8113 / [accesstina@aol.com](mailto:accesstina@aol.com)

### Report any Directory Changes to:

Sophia Keller at 615-356-1437

or [sbkeller2@yahoo.com](mailto:sbkeller2@yahoo.com)

**THE CLOISTER NEWS** is published monthly by the Cloister Owners' Association, 105 Emma Neuhoff Court, Nashville, TN 37205 with news for and about Cloister residents.

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Distribution: Mary Jane Rich

### Life Threatening Emergency:

Fire / Ambulance / Police - 911

### Non-Life Threatening Emergency:

24 / 7 - 615-862-8600

### Metro Police, West Sector:

615-862-7747

## Wildlife Management at the Cloister: Don't Feed the Animals!

Here at the Cloister we are blessed to be able to enjoy Tennessee's wide array of songbirds and the swooping flight of the occasional hawk is a true thing of beauty. Though our encounters with other wildlife can often be inspiring or entertaining, we should always remember that these co-inhabitants of our community can sometimes become a damaging nuisance.

While always remembering that they were here before us, and will be here after we're gone, it is up to us to control our environment to reach a balance between enjoying an occasional sighting and encouraging an evasive infestation.

Last month we discussed ways to keep chipmunks, which can seriously undermine the integrity of our foundations, away from birdseed, including the placement of birdfeeders away from the house and metal wrappings around their base poles. Keep bird feeding limited to airborne access and don't spread birdseed on patios and lawns as this becomes a buffet for chipmunks, skunks, squirrels, raccoons and even our Tennessee native white tail deer.

Recently there has been an increase in deer sightings and garden munching at the Cloister. While deer are indeed a thing of beauty, they can become a nuisance as they will eat a myriad of vegetables and decorative plants, and will also eat food garbage.

A partial list of plants and shrubs that deer will not eat (from [www.deerfriendly.com](http://www.deerfriendly.com)):

**Annuals:** ageratum, dusty miller, forget-me-not, larkspur, poppy, pot marigold, rosemary, snap dragon, spider flower.

**Bulbs:** allium, Autumn crocus, daffodil, winter aconite.

**Groundcovers:** Allegheny sprucebugle weed, lily of the valley, pachysandra, spotted deadnettle, sweet woodruff.

**Ornamental grasses:** clump bamboo, Fountain grass, little bluestem.

**Perennials:** Bleeding heart, false indigo, garden sage, germander, ferns (many species), hyssop, iris, lambs ear, lavender, lemon balm, lungwort, mint, oregano, peony, Russian sage, tarragon, thyme, wild ginger.

**Trees and shrubs:** Bottlebrush buckeye, American holly, boxwood, serviceberry, paper birch, river birch, scotch pine, Douglas fir, dwarf Alberta spruce, mimosa, pawpaw.

There is also a wide selection of commercial products (from <https://wiki.ezvid.com/best-deer-repellents?id=adw&gclid=CPqmh-3WtM0CFVA8gQodUKoJRQ>) that claim to repel deer, from sprays to pellets to ultrasonic devices to strobe lights to their #1 recommendation, the Yard Invader Motion Activated Sprinkler (available on [www.Amazon.com](http://www.Amazon.com)). However, when weather is hot and food sources low or depleted, deer will often ignore even the most effective deterrents in pursuit of nourishment.

Unlike chipmunks, it is illegal to kill or trap deep in Nashville, so they will remain our co-inhabitants. How often they will visit our neighborhoods will depend upon the availability of accessible food and what we do to manage the environment to maintain a healthy balance between us.

