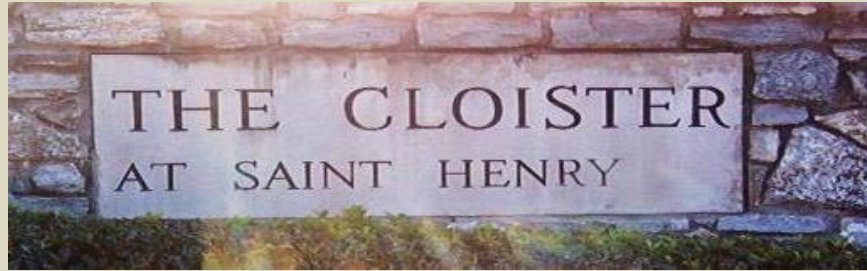


THE CLOISTER NEWS



May, 2016

Volume XXXIII, Issue 5

New Mowing & Landscaping Contractor

As of May 1, there will be a new lawn mowing and landscaping contractor at the Cloister. After reviewing three bids, the Board approved the hiring of Landscape Services, Inc. (LSI) to mow lawns, prune community trees and maintain community flower beds.

“They stood out for their experience and resources, including an Arborist on staff. Having professionals keep an eye on our trees will be a big improvement,” reported Julia Armstrong, Beautification Committee chairperson.



“They are one of the biggest landscaping firms in our area. They are a family business and take care of St. Henry’s Church and School grounds where they are members as well as sending their children there. They had the lowest bid, but also the most resources to help us maintain our property value.”

As of the newsletter print deadline, a definitive mowing and maintenance schedule had not yet been determined, but mowing will commence immediately.

LSI will be performing a thorough site assessment, which will be presented at the Board meeting in June. This will include a plan for all the problems they see in the Cloister for the health and sustainability of our property.

Association Fees Remain at \$330

The COA Board voted in March that the proposed July 1, 2016, \$50 increase in homeowners’ monthly association fees is *deferred* until the Finance Committee and the COA Board has adequate time to review the results of a Commissioned Reserve Study and Board Committee plans for 2016 and 2017.

A recommendation about fees is expected by October 2016. Peggy Hollis, Treasurer, commented that “town hall” meetings will be held with homeowners to discuss the recommended fee before a board vote.

Judith Smith Appointed to Board

Judith Smith was appointed to the Board of Directors in the March meeting and made chair of the Safety and Emergency Readiness Committee in April. She fills a vacancy created by the resignation of John Eley.

Judith, who lives at 802 Marquette, served as a Board Director in 2014-2015 and has experience in property management.

If you’re interested in serving on her new committee, please contact her at 615-646-7966 or judithallensmith@comcast.net.

May COA Board Meetings

*****Note Change in Order*****

Regular Meeting, Thursday, May 12, 3 pm

Planning Meeting, Thursday, May 19, 3 pm

Kudos to Cloister “Delivery Elves”

“Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds.”

That motto of Post Office letter carriers also applies to our Cloister News delivery team!

THE CLOISTER NEWS doesn't reach your door each month by magic. This is how it happens:

- Articles are written and submitted to the editor by the 25th of the month.
- The editor prepares the newsletter, usually 4 or 5 pages and a calendar. Sometimes Board minutes and/or a message from David Floyd, Property Manager, are attached.
- The newsletter copy is handed off to the printer a couple of days before the 1st.
- When printed and assembled, 250 newsletters are delivered to Mary Jane Rich, our delivery boss.
- Newsletters are divided into 10 batches for delivery, and then a dedicated group of residents do their best to get them to you by the 1st.

The regular and substitute delivery people include: **Carole Giorgio, Dollie Hamilton, Peggy Hollis, Betty Lingerfelt, Marj Moore, Chris Phillips, Mary Jane Rich, Sharon Richardson, Ann Riddle, Alice Schwartz, Brenda Starnes, Betsy Stewart and Olivia Waggoner.**

Let's all thank them for their dedicated effort!

Brenda Butler, Chairperson Communications Committee

Comcast Contract Update

As of newsletter print deadline, the COA Board was waiting for the new Comcast proposal. The current agreement and service will remain in effect until after the proposal is received and considered.

New Termite Control Contract

The Board has entered into a contract with Honor Guard for termite treatment at the Cloisters.

By the time you read this, work will have already begun and when it's finished, every house will be treated. Maybe you've seen them already, but if not, be on the look-out and when you see a worker in Honor Guard shirt, you will know they are authorized to be here.

The first crew will make a small trench around the foundation of houses. The next crew will inject the chemical, Termidor, into the trenches and then close them with soil. This crew will also drill small holes in concrete that is contact with wood, inject Termidor into the holes, then plug and patch holes. Termidor will stay active in the ground for 5 – 10 years. It has no odor and will not harm pets or plants.

If you have a locked gate to your patio, please unlock it so crew can have access.

Though it is not required, the branch manager, Shannon Hall, would like to inspect inside all the houses. If termites are found, he will treat by drilling a small hole in wall and injecting Termidor foam. I encourage you to allow him entrance.

If you have problems while crew is on site, call me at 615-944-4173.

In the future if you encounter termite infestations inside or outside, call David Floyd or you can call Honor Guard directly at 615-480-3162. If you have emergency after 6 pm or on a weekend, call me.

Thank you for your cooperation, and thanks also to the residents who distributed treatment info to our neighbors.

- Ann Green, Facilities Maintenance Committee Chair



A Message from COA President David Stansberry

Greetings! It's spring and time for planting!

In addition to the wide array of colorful gardens at the Cloister, I encourage each of you, if possible, to plant a dogwood or other ornamental tree in your front yard.

The process is as follows: Get a Variance Request to David Floyd showing the type of tree and where you want to plant it. After approval, have your landscaper plant it and plan to water well the first summer.

Please remember, tree trimming within 20 ft. of a unit is the owner's responsibility. If the owner does not keep the tree trimmed, the COA will have it done and bill the owner.

If you see something in the general common areas or on the outside of any unit anywhere in the Cloister that needs repair, send in a Maintenance Request to David Floyd.

Don't forget to have your air conditioner checked for the upcoming summer. Don't wait until the temperature is in the 90's.

Another reminder: the original alarm systems are the unit owner's responsibility and they are near the end of their useful life. Consider replacement. At least obtain a small and inexpensive battery powered smoke and carbon monoxide alarm for your unit.

I hope those who are able to do so are taking advantage of the beautiful Spring weather to stroll around our lovely community and greet your neighbors!

Join the AM Walkers

There's no physical exam! There are no tryouts! Just come and join us!

We meet at the Clubhouse at 7 a.m. every morning except Sunday and walk our beautiful neighborhood twice—that's about 3 miles. Sounds like a long distance, but you'd be surprised how quickly a one-hour walk goes when chatting with friends.

And, of course, you can walk just one circle if your schedule or physical condition calls for a shorter walk. We are happy to vary our speed, too.

Hope to see you soon! -- *Brenda Butler*

Good Neighbors Get Together

The Good Neighbors Activity Group will resume its regular meetings on Thursday, May 19th at 10 am in the Library of the Clubhouse.

Visitors are always welcome to come and meet with us to learn about what we do in the community.

- *Donna Scott, Chairperson*

Cloister Pool Opens May 1

The Cloister pool opens on Sunday May 1, 2016. Please review the pool rules in the Cloister Homeowners Manual.

Hours are 8 am until 7:30 pm. Codes require that we lock the pool gates. Your key to the clubhouse opens them. At night we also padlock them.

For any questions about the pool, please contact committee chair, Ann Green at 615-944-4173.

Water Aerobics at the Cloister Pool

It's time again to gain some flexibility and have fun!

Water aerobics class begins on Monday, May 9, if the air temperature is 75°. If not, then Wednesday, May 11 or Friday, May 13. The pool is heated to 84°, but it can be chilly if the air is less than 75°.

Classes run from 10 am to 10:50 am. We encourage participants to bring a set of weights. We provide "noodle" floats. You do not need to know how to swim to benefit from the class.

For any questions about the classes, contact Sue Hegland at 650-888-1215.

A Sunday break-in at the Cloister!

A Cloister resident's unit was burglarized while she was at Church on a recent Sunday. If you see anything that might make you suspicious in our neighborhood, please call the police immediately.

The police have told us that they would rather come out and nothing be wrong, than have somebody hurt or their property stolen.

Ten Tips to Scare Away Burglars. (Borrowed from the AARP Bulletin)

1. **Check the latest Technology.** New, inexpensive and easily installed surveillance systems are available. Get advice at your electronics store or read online reviews.
2. **You can't hide.** Crooks know all your secret key hiding places. Ask a trusted neighbor or friend to keep a spare set of keys for you. Or consider a keyless entry.
3. **Forget FaceBook.** Do not post vacation photos on websites while you are on vacation. Friends may not be the only ones reading this.
4. **Don't advertise big buys.** Computer or television boxes at the curb are red flags for crooks. So take those boxes to a recycling site or cut them up to fit in your recycling bin.
5. **Ask for a reference.** Before hiring anyone, get personal recommendations. Even so, don't leave workers alone in your home.
6. **Keep mail out of reach.** While we are lucky to have locked mailboxes here at the Cloister, make sure you shred important documents before putting them in the trash, like credit card applications, statements and bills.
7. **Stay well-trimmed.** Overgrown shrubbery provides cover for thieves. Make sure your house is visible to the street and to your next door neighbors, and keep the front of your house well lit.
8. **Get a virtual pet.** Burglars don't like a barking dog. If you don't have a pet, get a recording of a growling hound.
9. **Call the police.** Particularly if you see someone suspicious. Some departments have crime prevention officers who will survey homes and offer security recommendations.
10. **Know your neighbors.** The oldest safety system around, still works like a charm. Ask your neighbors to keep an eye on your home and do the same for them.

- Judith Smith, Security Committee Chairperson

Life Threatening Emergency

Fire / Ambulance / Police

911

Non-Life Threatening Emergency:

24 / 7 - 615-862-8600

Metro Police, West Sector

615-862-7747

On this Memorial Day, Monday, May 30, the Cloister salutes all those who gave their lives in the service of our country.

Our prayers, thoughts and thanks are with them in their eternal and blessed rest.



We also salute the "Gold Star" mothers and fathers whose loss is immeasurable.

Phillip Grover Simpson

(Information from *The Nashville Tennessean* – April 3, 2016)



Phillip Grover Simpson, 93, died March 30, 2016, after an extended illness. Preceded in death by his loving wife of 65 years, Sue Ann Mannion Simpson; grandson William Francis Enneis; great-grandson, John David Adams and 11 siblings. Survived by nine children: Sue Ann Enneis (Bill), Michael (Andrea), Mark, Jim (Ellen), Margaret Dunning (Brian), Patrick (Stephanie), Frank (Margaret), Kathleen Pearson (Eddie), and Paul (Sallie); 29 grandchildren; 32 great-grandchildren; sister Alice Pauline Thompson (Billy); and sister-in-law Mary Frances Johnson.

A graduate of George Peabody College, he was an American hero in WWII and fought in several major battles, most notably, the Battle of the Bulge.

Mr. Simpson retired in 1990 from Town & Country Dry Cleaners after 40 years of service. He was a member of the American Legion, the TSSAA Hall of Fame, the Sierra Club, a 4th Degree Knight of Columbus, a Grand Knight of Council #544, and a Faithful Navigator.

Donations in his memory may be made to: Kevin Davis Scholarship Fund, Father Ryan High School, 700 Norwood Dr. 37203; St. Cecilia Motherhouse, 801 Dominican Dr. 37205; Christ the King Catholic Church, 3001 Belmont Blvd 37212; Scholarship Fund, Montgomery Bell Academy, 4001 Harding Pk. 37205; Seminary Education Fund 2800 McGavock Pk. 37214, all in Nashville, Tennessee.

FOR SALE

Cloister Units for Sale:

200 Miles Court C	\$199,900
447 Siena Drive C	\$240,000

Cloister Directory Updates

New Resident: Sherry Hughes

312 Cana Circle / 615-406-4665

Correct Telephone:

➤ **Martha M. Stasaski** - 615-353-2023

➤ **Ann Green** - 615-944-4173

Delete 615-383-9772

➤ **Diane Manas:** New Cell: 615-351-6431

Delete old cell – 615-300-4447

Remove from Directory:

➤ **Phillip Simpson** 207 Cana Circle

➤ **Mary Rosa** 447 Siena Drive

➤ **Sarah Spann** 200 Miles Court

Please report any Directory Changes to:

Sophia Keller at 615-356-1437

Variance and Maintenance Forms

New Pet Application Form

Available at:

www.cloisteratsthenry.com

In clubhouse or from David Floyd at:

cloisterhoa@gmail.com

or 615-297-2824

If you submitted a request prior to this year and have had no response, please re-submit.

To Contact Comcast:

The Cloister has a “Bulk Contract Agreement” with Comcast.

Do not call the telephone number on your Comcast bill.

Instead, call the bulk contract service number: 1-855-510-1609

Container Gardening Workshop

What a treat! We started with a glorious, sunny morning on the grass behind the clubhouse. We were so fortunate to have Patrick Larkin, Senior VP, Gardening and Facilities at Cheekwood, teach us step by step how to create a container garden.

He covered all the essentials for a colorful, thriving container beginning with the container and proper soil. Patrick brought all the materials, huge pots (we expected 12 inch and got 20 inch pots), soil, and the various type of plants to create an awesome, colorful showpiece.



Some of the ladies plan to put the container on their patios and some by the front door. As you drive through the Cloister you will see the large green, red or blue pots.

A special thanks to Judith Walter who made all the arrangements with Patrick and all the wonderful ladies who pitched in to carry in the tables and deliver the containers. We had a good time.

- Sue Hegland, Life Enrichment Committee

THE CLOISTER NEWS is published monthly by the Cloister Owners' Association, 105 Emma Neuhoff Court, Nashville, TN 37205 with news for and about Cloister residents.

Interim Editor: Rick Sanjek
 Phone: 615-424-7638
 Email: sanjek@comcast.net
 Distribution: Mary Jane Rich



Marilyn Stansberry with her container

Potluck Dinner on May 10

You can count on delicious pork loin for the Potluck entrée for May 10.

Dixie Frederiksen taught us that when Kroger puts it on sale, we should grab it and freeze it until the next dinner for a delicious, lean, and inexpensive way to feed our 50-something Potluck participants. So we did.

We'll get together at 5:30 p.m. for lots of good visiting and appetizers; then dinner at 6 p.m.

Bring your tasty appetizers, salads, vegetables or desserts (enough for 6 please), and your \$4 to defray expenses. We provide decaf tea and coffee. Bring your favorite beverage if desired.

Oh, and by the way, Rita Clauser reports that the Second Harvest Food Bank food donations from the March Potluck netted 136 lbs. of food for the hungry of our community. Thanks for helping!!

- The Potluck Planning Committee